

L4001 - Coal Harbour® Snag Resistant Colour Block Ladies Sport Shirt

GARMENT MEASUREMENTS								
Size	XS	S	M	L	XL	2XL	3XL	4XL
Bust - <i>Half Measure</i>	18 1/2"	19 1/2"	20 1/2"	22"	23 1/2"	25"	27"	29"
Bust - <i>Full Measure</i>	37"	39"	41"	44"	47"	50"	54"	58"
Body Length (HPS)	25"	25 1/2"	26"	27"	28"	29"	29 1/2"	30"
Sleeve Length (CB)	14 1/8"	14 5/8"	15 1/8"	15 7/8"	16 5/8"	17 1/4"	18 1/4"	19 1/4"

Women's size conversion: 1X = 3XL, 2X = 4XL

Finished measurements in inches. Refer to How to Measure guide for detailed information on measurement instructions.

LADIES' General Sizing Guide								
Size	XS	S	M	L	XL	2XL	3XL	4XL
Numeric Size	2	4-6	8-10	12-14	16	18-20	22	24
Bust	32"-34"	35"-36"	37"-38"	39"-41"	42"-44"	45"-47"	48"-51"	52"-55"
Waist	24"-25"	26"-27"	28"-30"	30"-32"	33"-35"	36"-38"	40"-42"	42"-44"
Hip	33"-35"	35"-37"	37"-39"	39"-41"	42"-44"	45"-47"	48"-50"	50"-52"
Sleeve Length - CB	30"-30 1/2"	30 1/2"-31"	31 1/2"-32"	32 1/2"-33"	33 1/2"-34"	34"-34 1/2"	34 1/2"-35"	34 1/2"-35"

Coal Harbour®

PRINTING INSTRUCTIONS FOR POLYESTER WICKING FABRICS

Due to the nature of 100% polyester performance fabrics, special care must be taken throughout the printing process. Here are some tips to effectively decorate our performance products.

- Garment temperature must not exceed 320°F or 160°C. Exceeding this temperature will cause the fabric to shrink, become wavy or cause dye migration.
- Dryer temperature and belt speeds must be changed accordingly for polyester fabric.
- If flashing these garments, do not exceed 1-2 seconds. Anything longer may damage the fabric as stated above.
- **Screen Printing:** These garments require the use of poly inks that cure at a lower temperature. A Dyno Grey base blocker on all colours and a second white base blocker on all dark colours are recommended. Please consult your ink supplier for more information.
- Polyester requires a longer cooling time than cotton. Avoid overlap of garments and screen-print/heat transfer until the garments are cooled. Failure to cool the fabric prior to stacking into a printer's fold may cause the fabric and applied ink to stick together.
- **Heat Transfers:** Poly mark heat transfers need to be created with an anti-migration layer in the design. This process can only be done on white or very light colour fabric. Inks used in printing paper design need to be darker than the base fabric or colour will migrate with the fabric colour resulting in a bleeding effect.
- **Sublimation Printing:** As noted for the poly mark heat transfers, this process can only be done on white or very light colour fabric. Inks used in printing paper design need to be darker than the base fabric or colour will migrate with the fabric colour resulting in a bleeding effect.
- If you heat press these garments, you must adjust the time, temperature and pressure. Failure to do so may damage the fabric as stated above.
- A test sample run is recommended, especially if you have a large order or if your printer does not specialize in printing on performance fabrics.



Coal Harbour® Snag Resistant Tricot Colour Block Ladies' Sport Shirt L4001

Product Features:

- 6.3-oz, 100% polyester flat tricot micropique knit
- "Coal Harbour®" heat transfer label for tag free comfort
- V-Placket with self-fabric collar
- Contrast-colour panel on sides and center back collar
- Flattering curved seam at back yoke
- Reinforced topstitching throughout
- Due to the nature of 100% polyester performance fabrics, special care must be taken throughout the screen printing process.

Ladies' sizes XS-4XL

Corresponding styles:

- Snag Resistant Tricot Colour Block Sport Shirt - S4001
- Snag Resistant Tricot Sport Shirts (Adult/Ladies/Youth) S445/L445/Y445

Fabric Detail:



Fabric Features:



Available Colours and PMS Colours

Textile fabric colours are subject to dye lot variation and will not be exact match to print pantone reference

Black/ Iron Grey	Black/ True Red	Black/ White	Kelly Green/ White	True Navy/ White	True Red/ White	True Royal/ White
6C/A little darker than 7540C	6C/200C	6C/White	341C/White	539C/White	200C/White	Between 7686C & 7687C/White



Smart Uses:

Keep your image at the top with the Coal Harbour line of performance sport shirts!

- Schools/camps
- Gift giving
- Sports teams & events
- Coaches/athletes
- Donations/door prizes
- And much more!